

GLUCOSE TOLERANCE TEST
PATIENT APPOINTMENT & INSTRUCTIONS



Equipment

- Nil



Safety Precautions

Instructions



Your doctor has ordered a further blood test to check how your body can handle a load of glucose. It is called a Glucose Tolerance Test and it is very important that you attend.

An appointment has been made for you on:

Day and date: _____

Time _____

Location _____

From 10pm the night before your test:

Do not eat, only drink water

Do not smoke

Do not chew gum or lollies

If you are unable to attend please phone **9594 2383** to rebook the appointment.

Your test will take 2 hours and you need to sit quietly in the pathology area for the whole time. The test includes:

1. **A blood test on arrival**
2. **a glucose drink**
3. **a blood test 1 hour after the drink**
4. **a blood test 2 hours after the drink**
5. Sit quietly during your test and do not leave the pathology area.

For further information and enquiries please call 9594 2383

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MONASH HEALTH PATHOLOGY COLLECTION CENTRES

Collection Centre	Address	Telephone	Hours		
			Mon-Fri	Sat	Sun
CLAYTON	Monash Medical Centre Public Pathology collection rooms 246 Clayton Road, Clayton	03 9594 2383	8:30am - 5:00pm		
	Jessie McPherson Private Hospital Private Consulting Suites, Suite G 246 Clayton Road, Clayton	03 9594 2469	8:00am - 6:00pm	8:00am - 2:00pm	
	Monash Children's Hospital 246 Clayton Road, Clayton	03 8572 3081	8:30am - 5:00pm		
	Victorian Heart Hospital 631 Blackburn Road, Clayton	03 7511 1230	8.00am – 5.00pm	8.00am – 2.00pm	
BERWICK	Casey Hospital 62 – 70 Kangan Drive, Berwick	03 8768 1442	8:00am - 5:00pm		
	Berwick Healthcare 76 Clyde Road, Berwick	03 9792 8021	8.30am - 5.00pm		
COWES	Phillip Island Health Hub 50-54 Church Street, Cowes	03 5951 2120	8.00am – 4.00pm	8.00am – 12 noon	
CRANBOURNE	Cranbourne Centre 140 – 154 Sladen Street, Cranbourne	03 5990 6176	8.30am – 5.00pm	9.00am – 1.00pm	
DANDENONG	Dandenong Hospital 135 David Street, Dandenong	03 9554 1901 03 9554 1902	8:00am - 6:00pm	8:00am – 12 noon	8:00am – 12 noon
	Monash Health Community 122 Thomas Street, Dandenong	03 9792 7854	8.30am – 5.00pm		
	Monash Women's Clinic 135 David Street, Dandenong	03 9792 8003	8.30am - 5.00pm		
FOSTER	South Gippsland Hospital 87 Station Road, Foster	03 8572 2120	8.00am - 2.30pm		
KORUMBURRA	Korumburra Hospital 65 Bridge Street, Korumburra	03 5654 2799	8.00am - 3.00pm		
LEONGATHA	Leongatha Hospital 66 Koonwarra Road, Leongatha	03 5667 5573	8.00am – 4.00pm	9.00am – 11.00am	
MOORABBIN	Moorabbin Hospital 823 – 865 Centre Road, Bentleigh East	03 9928 8178	8:00am – 5:00pm		
PAKENHAM	Pakenham Health Centre Henty Way, Pakenham	03 5941 0526	8.30am - 5.00pm	8.00am – 12 noon	
SPRINGVALE	Greater Dandenong Community Health Service 55 Buckingham Avenue, Springvale	03 8558 9012	8:00am - 4:30pm		
WONTHAGGI	Wonthaggi Hospital 235 Graham Street, Wonthaggi	03 5671 3292	8.30am - 5.00pm	8.30am – 10.30am	8.00am – 12 noon
YARRAM	Yarram & District Health Service 85-91 Commercial Road, Yarram	03 5182 0360	8:00am - 2:30pm		

- OPENING TIMES ARE SUBJECT TO CHANGE. CONTACT THE CENTRE OR GO TO monashpathology.org FOR UP TO DATE DETAILS
- SERVICE REDUCTIONS MAY APPLY ON PUBLIC HOLIDAYS