### **MID STREAM URINE (MSU) PATIENT INSTRUCTIONS**



**MonashHealth** 



# **Equipment** (pictured)

- •Sterile yellow top specimen container, provided.
- •Sterile water wipes, provided.
- •Single use gloves, provided
- Biohazard bag, provided.



#### **Safety Precautions**

 Do not touch the inside of the container at any time.



#### **Instructions**

- . Take yellow top specimen container and sterile water wipes into toilet cubicle.
- ii. Wash your hands and put on single use gloves, if desired.

### **FEMALE PATIENTS**

- iii) Separate labia with thumb & forefinger. Using other hand clean genital area from front to back using the sterile water wipes provided.
- (iv) Dispose of water wipes into rubbish bin.
- (v) Pick up the sterile container

# MALE PATIENTS

- (iii) Clean the head of the penis with the sterile water wipe, retracting the foreskin if necessary
- (iv) Dispose of water wipe into the rubbish bin
- (v) Pick up the sterile container
- (vi) Commence passing urine into the toilet and without stopping collect the middle stream of urine into the sterile container.
- (vii) Finish voiding as normal into the toilet.
- (viii) Ensure the top is firmly screwed onto the container.
- (ix) Place container into the biohazard bag provided
- (x) Remove and dispose of gloves (if used). Wash hands.
- (xi) Ensure the container is labelled with the name and date of birth and UR number or gender along with date and time of collection.
- (xii) Return the sample to the nurse.
- (xiii) If it is not possible to transport the urine to the lab within 2 hours, the urine should be refrigerated.

# **MONASH HEALTH PATHOLOGY COLLECTION CENTRES**

Collection Centre	Address	Telephone	Hours		
		Тегерпопе	Mon-Fri	Sat	Sun
CLAYTON	Monash Medical Centre Public Pathology collection rooms 246 Clayton Road, Clayton	03 9594 2383	8:30am - 5:00pm		
	Jessie McPherson Private Hospital Private Consulting Suites, Suite G 246 Clayton Road, Clayton	03 9594 2469	8:00am - 6:00pm	8:00am - 2:00pm	
	Monash Children's Hospital 246 Clayton Road, Clayton	03 8572 3081	8:30am - 5:00pm		
	Victorian Heart Hospital 631 Blackburn Road, Clayton	03 7511 1230	8.00am – 5.00pm	8.00am – 2.00pm	
BERWICK	Casey Hospital 62 – 70 Kangan Drive, Berwick	03 8768 1442	8:00am - 5:00pm		
	Berwick Healthcare 76 Clyde Road, Berwick	03 9792 8021	8.30am - 5.00pm		
COWES	Phillip Island Health Hub 50-54 Church Street, Cowes	03 5951 2120	8.00am – 4.00pm	8.00am – 12 noon	
CRANBOURNE	Cranbourne Centre 140 – 154 Sladen Street, Cranbourne	03 5990 6176	8.30am – 5.00pm	9.00am – 1.00pm	
DANDENONG	Dandenong Hospital 135 David Street, Dandenong	03 9554 1901 03 9554 1902	8:00am - 6:00pm	8:00am – 12 noon	8:00am - 12 noon
	Monash Health Community 122 Thomas Street, Dandenong	03 9792 7854	8.30am – 5.00pm		
	Monash Women's Clinic 135 David Street, Dandenong	03 9792 8003	8.30am - 5.00pm		
FOSTER	South Gippsland Hospital 87 Station Road, Foster	03 8572 2120	8.00am - 2.30pm		
KORUMBURRA	Korumburra Hospital 65 Bridge Street, Korumburra	03 5654 2799	8.00am - 3.00pm		
LEONGATHA	Leongatha Hospital 66 Koonwarra Road, Leongatha	03 5667 5573	8.00am – 4.00pm	9.00am – 11.00am	
MOORABBIN	Moorabbin Hospital 823 – 865 Centre Road, Bentleigh East	03 9928 8178	8:00am – 5:00pm		
PAKENHAM	Pakenham Health Centre Henty Way, Pakenham	03 5941 0526	8.30am - 5.00pm	8.00am – 12 noon	
SPRINGVALE	Greater Dandenong Community Health Service 55 Buckingham Avenue, Springvale	03 8558 9012	8:00am - 4:30pm		
WONTHAGGI	Wonthaggi Hospital 235 Graham Street, Wonthaggi	03 5671 3292	8.30am - 5.00pm	8.30am – 10.30am	8.00am – 12 noon
YARRAM	Yarram & District Health Service 85-91 Commercial Road, Yarram	03 5182 0360	8:00am - 2:30pm		

- OPENING TIMES ARE SUBJECT TO CHANGE. CONTACT THE CENTRE OR GO TO monashpathology.org FOR UP TO DATE DETAILS
- SERVICE REDUCTIONS MAY APPLY ON PUBLIC HOLIDAYS

Issue date: <b>1/12/2023</b>	Document:	WIN-QS-3	Version: 10	
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