

24 HOUR URINE COLLECTION FOR CATECHOLAMINES AND 5-HIAA PATIENT INSTRUCTIONS

Equipment



- Collection bottle, provided (pictured)
- Clean container to collect urine to be tipped into collection bottle. Use a clean separate container.



Safety Precautions

- **Keep out of the reach of children.**
- This bottle contains acid, which is required for the test processing. Therefore, care must be taken when taking the lid off the bottle, not to spill any of its contents.
- As a safety measure, ensure that no body parts are put into the bottle.
- Pass urine into a separate container and then tip the urine into the acid bottle.
- Store the bottle in a cool, dry, safe place during the collection period.

Instructions



1. Do not eat or drink the following items for two days (48 hours) prior to and during the test: Chocolate, bananas, coffee, vanilla, walnuts, citrus fruits and tomatoes.
2. Clearly write your Name, Date of Birth and address in the space provided on the label.
3. Empty bladder into toilet and record time and date in space provided on the bottle.
4. Collect ALL urine after this specimen, including, during the day, overnight and up until the same time on the following day. (24hours).
5. Replace the lid each time you add urine to the bottle ensuring it is screwed on firmly.
6. Each time a specimen is added to the bottle gently shake the bottle to mix the urine with the acid.
7. At the end of collection period, empty your bladder into bottle and record time and date in space provided on the bottle.
8. Bring bottle and request form into the Pathology Collection rooms, on the day collection is finished.

For further information and enquiries please call 9594 4538

MONASH PATHOLOGY COLLECTION CENTRES

Collection Centre	Address	Telephone	Hours
CLAYTON	246 Clayton Rd, Clayton Monash Medical Centre Public Pathology collection rooms	03 9594 2383	Monday to Friday 08:30am - 5:00pm
	Jessie McPherson Private Hospital Private Consulting Suites <u>Suite G</u>	03 9594 2469	Monday to Friday 8:00am - 6:00pm Saturday 8:00am - 2:00pm
	Monash Children's Hospital Pathology collection rooms	03 8572 3072/3	Monday to Friday 08:30am - 5:00pm
BERWICK	Casey Hospital Pathology collection rooms 62 – 70 Kangan Drive, Berwick	03 8768 1442	Monday to Friday 8:00am - 5:00pm
	Berwick Healthcare Pathology collection rooms 76 Clyde Rd, Berwick	03 9792 8021	Monday to Friday 8.30 am - 5.00 pm
CRANBOURNE	Cranbourne Centre Pathology collection rooms 140 – 154 Sladen St, Cranbourne	03 5990 6176	Monday to Friday 8.30am – 5.00pm Saturday 9.00am – 1.00pm
DANDENONG	Dandenong Hospital Pathology collection rooms 135 David St, Dandenong	03 9554 1901/2	Monday to Friday 8:00am - 6:00pm Saturday & Sunday 8:00am - 12 noon
	Monash Health Community Pathology collection rooms 122 Thomas Street, Dandenong	03 9792 7854	Monday to Friday 8.30 am – 5.00 pm
	Monash Women's Clinic Pathology collection rooms 135 David St, Dandenong	03 9792 8003	Monday to Friday 8.30 am - 5.00 pm
FRANKSTON	Peninsula Family General Practice Pathology collection rooms 1B Vera Street, Frankston	0436 689 745	Monday to Friday 8.30 am - 5.00 pm
MOORABBIN	Moorabbin Hospital Pathology collection rooms 823 – 865 Centre Rd, East Bentleigh	03 9928 8178	Monday to Friday 8:00am – 5:00pm
PAKENHAM	Pakenham Centre Pathology collection rooms Henty Way, Pakenham	03 5941 0526	Monday to Friday 8.30 am - 5.00 pm Saturday 8.00am – 12.00 noon
SPRINGVALE	Greater Dandenong Community Health Service Pathology collection rooms 55 Buckingham Ave, Springvale	03 8558 9012	Monday to Friday 8:30am - 5:00pm

PLEASE NOTE:

- OPENING TIMES ARE SUBJECT TO CHANGE. CONTACT THE CENTRE OR GO TO monashpathology.org FOR UP TO DATE DETAILS
- ALL COLLECTION CENTRES ARE CLOSED ON PUBLIC HOLIDAYS