

GLUCOSE TOLERANCE TEST
PATIENT APPOINTMENT & INSTRUCTIONS



Equipment

- Nil



Safety Precautions

Instructions



Your doctor has ordered a further blood test to check for diabetes in pregnancy. It is called a Glucose Tolerance Test and it is very important that you attend.

An appointment has been made for you on:

Day and date: _____

Time _____

Location – *Refer to page 2*

From 10pm the night before your test:

Do not eat, only drink water

Do not smoke

Do not chew gum or lollies

If you are unable to attend please telephone the number above to rebook the appointment.

Your test will take 2 hours and will include:

1. **A blood test on arrival**
2. **a glucose drink**
3. **a blood test 1 hour after the drink**
4. **a blood test 2 hours after the drink**
5. Sit quietly during your test and do not leave the pathology area.
6. Only leave when all 3 blood tests have been collected.

For further information and enquiries please call 9594 4538

MONASH PATHOLOGY COLLECTION CENTRES

Collection Centre	Address	Telephone	Hours
CLAYTON	246 Clayton Rd, Clayton Monash Medical Centre Public Pathology collection rooms	03 9594 2383	Monday to Friday 08:30am - 5:00pm
	Jessie McPherson Private Hospital Private Consulting Suites <u>Suite G</u>	03 9594 2469	Monday to Friday 8:00am - 6:00pm Saturday 8:00am - 2:00pm
	Monash Children's Hospital Pathology collection rooms	03 8572 3072/3	Monday to Friday 08:30am - 5:00pm
BERWICK	Casey Hospital Pathology collection rooms 62 – 70 Kangan Drive, Berwick	03 8768 1442	Monday to Friday 8:00am - 5:00pm
	Berwick Healthcare Pathology collection rooms 76 Clyde Rd, Berwick	03 9792 8021	Monday to Friday 8.30 am - 5.00 pm
CRANBOURNE	Cranbourne Centre Pathology collection rooms 140 – 154 Sladen St, Cranbourne	03 5990 6176	Monday to Friday 8.30am – 5.00pm Saturday 9.00am – 1.00pm
DANDENONG	Dandenong Hospital Pathology collection rooms 135 David St, Dandenong	03 9554 1901/2	Monday to Friday 8:00am - 6:00pm Saturday & Sunday 8:00am - 12 noon
	Monash Health Community Pathology collection rooms 122 Thomas Street, Dandenong	03 9792 7854	Monday to Friday 8.30 am – 5.00 pm
	Monash Women's Clinic Pathology collection rooms 135 David St, Dandenong	03 9792 8003	Monday to Friday 8.30 am - 5.00 pm
FRANKSTON	Peninsula Family General Practice Pathology collection rooms 1B Vera Street, Frankston	0436 689 745	Monday to Friday 8.30 am - 5.00 pm
MOORABBIN	Moorabbin Hospital Pathology collection rooms 823 – 865 Centre Rd, East Bentleigh	03 9928 8178	Monday to Friday 8:00am – 5:00pm
PAKENHAM	Pakenham Centre Pathology collection rooms Henty Way, Pakenham	03 5941 0526	Monday to Friday 8.30 am - 5.00 pm Saturday 8.00am – 12.00 noon
SPRINGVALE	Greater Dandenong Community Health Service Pathology collection rooms 55 Buckingham Ave, Springvale	03 8558 9012	Monday to Friday 8:30am - 5:00pm

PLEASE NOTE:

- **OPENING TIMES ARE SUBJECT TO CHANGE. CONTACT THE CENTRE OR GO TO monashpathology.org FOR UP TO DATE DETAILS**
- **ALL COLLECTION CENTRES ARE CLOSED ON PUBLIC HOLIDAYS**